## Food and Drink Information

## Convenience stores (konbini/コンビニ)

Examples are FamilyMart, Seicomart, 7-11, and Lawson. You can find lunch boxes (obentou/お弁当), snacks, drinks, and other miscellaneous items. They will often have microwaves and can heat up your purchase. There is a Seicomart on campus a little north of the conference venue.

#### Restaurants

There are many restaurants located off campus, which will tend to be small and can not fit more than 20 people in total (sometimes less than 10). Shopping malls are common places to find collections of restaurants, which are located around Sapporo station, in Orori, or in Susukino.

We encourage you to try different (random) places that are open around Sapporo station for lunch. They usually have a few pictures that makes it clear what type of food they generally serve.

Vegetarian/vegan: It can be difficult to find complete meals in Japan due to the presence of fish stock used in many dishes. Sapporo has some places that specialize in vegan food (see, e.g., Lohas below), but you can also find good options at soba and Indian restaurants. Note that most places will at least have a few small dishes that will not contain any animal products.

Gluten free: Be aware that soy sauce (which is made with wheat) is often used as part of a marinade or sauce, and this can be difficult to avoid. There are some places that do offer gluten-free meals, but they are quite rare.

## Izakaya (Japanese style bar 居酒屋)

The main place to look would be Susukino, with some in Kotoni, Maruyama Park (Koen), and the downtown area. These can allow smoking indoors; almost all in Susukino will.

If you have any questions or want a specific recommendation, please find Travis Scrimshaw at the conference venue or ask on the <u>FPSAC 2025 Discord server</u>.

### Some Restaurants

This is a list of some restaurants that you could go to, but we encourage you to try different places as most places will have good food that are not on here. You can find a specific location via, e.g., a Google(Maps) search.

Price key (estimated):

\$: 0-1500 yen/person \$\$: 1500-4000 yen/person \$\$\$: 4000+ yen/person

#### Near Hokkaido University:

- SAPPORO 餃子製造所 狸小路店 \$ (big) gyoza and karaage, just south of campus and in the covered walk area in Susukino (also has other locations in Sapporo)
- Maruha's Galbi Don \$ pork rice bowls, very good portions, cash only
- Cafe de Jikan \$ has French style crêpes and some other food options, but mostly drinks
- Miyabi \$\$ nabe-pot style Japanese food, takes some time to prepare and quite far north
- Matazo \$ ramen near campus; there are some other options nearby if crowded
- Emmy's Kitchen \$ Mexican, close to Kitanijuyojo station, essentially take-out only

#### Conveyor belt sushi:

- Toriton (とりとん) \$\$ very popular, expect to wait 1-2+ hours if arriving after opening or after 4 PM; multiple locations
- Hanamaru (花まる) \$\$ same as Toriton
- Hama Sushi (はま寿司) \$ large nationwide chain
- Kura Sushi (くら寿司) \$ large nationwide chain
- Sushiro (スシロー) \$ large nationwide chain

#### Sapporo station/downtown/Odori areas:

- Hakodate Uni Murakami Sapporo Branch \$\$\$ Uni (sea urchin) restaurant, best to make a reservation, B1 near the Hokkaido Government office
- Tonyoshia \$ Chain tonkatsu (friend pork cutlet), Sapporo Factory shopping mall
- 北海道プレミアム黒毛和牛 ステーキ丼&牛かつ ふしみ \$\$ gyukatsu (breaded fried steak), underground near Odori
- Lohas Natural Food Dining \$\$ Good vegan option, also have gluten free options

#### Susukino area:

- Yozora no Genghis Khan \$\$ BBQ lamb/mutton
- Shogun Burger \$\$ Award winning hamburgers
- Ebisoba Ichigen \$ ramen made with shrimp (which is unique), south west of Susukino, very popular, expect to wait 1-2 hours if arriving near a meal time
- Ramen Shingen \$ ramen, also very popular, south west of Susukino
- 月島もんじゃ くうや すすきの \$\$ Monjayaki (Tokyo style okonomiyaki), Cocono shopping mall 4F
- Columbia (コロンビア) \$\$ yakitori (grilled skewered chicken), Susukino, fairly small but popular
- Tap Room BEER KOTAN \$\$ craft beer bar, north part of Susukino

#### Maruyama Koen area:

- キッチン 鑓水商店 \$ karaage (fried chicken), near Nishijuhatchome station, lunch only (closed Sundays)
- Rana Burger \$\$ Burger and pancake shop, Maruyama Koen area
- Choi \$\$ standing bar, multiple locations Maruyama Koen, Susukino, and central Sapporo with different menus at each one
- Sapporo Milk House \$ soft serve, near Nishijuhatchome station
- CANTUS \$ donuts, southern Maruyama
- Spatacos \$ Japanese style tacos
- El Cid \$\$ paella, somewhat small but quite popular, might need a reservation
- Gelateria Cremerice \$ ice cream, southern Maruyama
- Bar Xtra \$\$ rum, tequila specialty, but has a wide range of drinks; owner is native English speaker

# Some Japanese Phrases/Words

The following is a list of phrases and words to help you navigate restaurants and dietary restrictions. The translation of names of fish will not be included here; there are way too many. If you need something else, try saying the English word slowly

English word / approximate pronunciation / Japanese character/word

- soy sauce / shouyu / 醤油
- wheat / komugiko / 小麦粉
- meat / niku / 肉
- fish / sakana / 魚
- shellfish / kai / 貝
- milk / gyu-nyu / 牛乳
- butter / bataa / バター
- pork / buta (butaniku) / 豚 (豚肉)
- beef / gyu-niku / 牛肉
- fish stock / dashi / だし
- salt / shio / 塩
- miso/miso/味噌
- sugar / satou / 砂糖
- beer / bee-ru / ビール
- draft beer / nama bee-ru / 生ビール
- Japanese sake / nihon-shu / 日本酒
- toilet (WC) / toi're トイレ
- chopsticks / o'hashi / おはし
- subway / chikatestu / 地下鉄
- taxi / takushi / タクシー
- bus / busu / バス
- Check please / okaikei / お会計
- Pay separately / betsu-betsu / 別々
- Where is X? / X wa doko desuka / X はどこですか?